



Informing Progress - Shaping the Future

FOIL Update 18th June 2026



Shaping Wellbeing Together at The Law Society

FOIL is pleased to support the Law Society's upcoming member wellbeing feedback session, *Shaping Wellbeing Together*, taking place on 15th July 2026. Wellbeing has rightly become a central concern across the profession, and this session offers a genuine opportunity for members to get involved and contribute to the Law Society's strategy.

It is an approach that closely mirrors FOIL's commitment to keeping wellbeing and DEI high on the agenda of our member organisations, and we are glad to support an event that values the profession's own voice and experience so highly and encourage our members to take part.

This interactive session will be facilitated by the Law Society's President, Mark Evans, and represents an opportunity for members to help shape the organisation's approach to wellbeing over the coming years. Participants are encouraged to contribute to the conversation using live polling and group discussion to share their own experiences, priorities, and practical ideas with the group.

The Need for Discussion

Wellbeing in the legal profession is a growing concern and has transitioned into mainstream conversation within firms regarding how they approach regulatory discussions, and how they think about talent recruitment, retention, and long-term sustainability.

Whilst growing awareness is a positive step, it needs to translate into meaningful change with structured initiatives that have both visibility and depth. One-off events and annual

surveys can feel disconnected from real decision-making, but a sustained, evidence-led strategy that reflects what members actually need brings far greater value and has a greater chance of attracting meaningful buy-in throughout an organisation.

The Law Society's approach signals this ambition, with the forthcoming session building on a series of member wellbeing roundtables already conducted. These discussions identified a range of priority themes, and the aim of the session on 15th July is to work through those themes collaboratively so they can be prioritised and pressure-tested to generate ideas for specific, measurable actions to inform the Law Society's multi-year wellbeing strategy.

The wellbeing feedback session reflects the same focus that has long driven FOIL's own work in this area. FOIL consistently delivers thought leadership and events centred on DEI and wellbeing, introducing recognised authorities from across the field to inform our membership and keep the conversation going.

Member Outcomes

The session is structured around three clear objectives:

- To give participants a clear understanding of the Law Society's approach to wellbeing and its key focus areas across the multi-year strategy, which will provide useful context for individuals on how to approach wellbeing within their own organisation or team.
- To agree priority wellbeing themes across individual, leadership, and organisational workstreams, helping to establish where collective focus is most needed.
- Give members the opportunity to collaborate on the creation of practical, measurable actions for those priority themes and contribute to the development of the strategy.

The session offers FOIL members the opportunity to introduce professional, sector-specific experience into a process that will shape resources and guidance for the entire solicitor profession. Insurance lawyers face pressures that include complex, high-volume caseloads, adversarial dynamics, significant client demands, and the emotional weight of cases in areas such as catastrophic injury claims and their perspectives are essential for a credible wellbeing strategy that spans the whole sector.

How to Contribute

The session is open to Law Society members with a verified MyLS account, and registration is via the Law Society's volunteer platform, [*Get Involved*](#), with 'wellbeing' selected as an area of interest. Following registration, a notification will be sent with session details, and a welcome email will highlight relevant opportunities.

Places are limited to 300 participants, so early registration is highly recommended.

Initiatives like this are an important indication that the profession is heading towards a model in which inclusion and wellbeing are understood as more than peripheral to professional life, but as critical elements of how the law is practised and experienced.

Building a wellbeing strategy through direct, structured dialogue with practitioners within the industry shows a commitment to evidence and genuine engagement. FOIL supports all initiatives that ask the profession to contribute its own experience to shaping what comes next, and we would encourage members to bring that same spirit of engagement to the session on 15th July.

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