

## FOIL Proudly Supporting Mark Evans & LawCare

FOIL is delighted to help shine a spotlight on an inspiring initiative from **Mark Evans, President of The Law Society and Founder of LegalRunner**, as he leads a team of runners in the London Marathon on 26 April 2026 in support of our President's charity, **LawCare**.

Mark is also encouraging members of the LegalRunner community to join the effort virtually — running any distance, anywhere on the same day — to help raise vital funds for LawCare's work across the legal sector.

### Why LawCare Matters

LawCare is the independent mental health charity dedicated to improving wellbeing across the legal community.

Funds raised will help LawCare:

- Provide emotional support via phone and online services
- Conduct research into the causes of poor mental health in the profession
- Drive positive change in legal education, training and workplace culture

The partnership between LegalRunner and LawCare reflects a shared commitment to building a healthier, more supportive and inclusive legal community.

### Support Mark and the team here:

[London Marathon & Virtual Run LawCare Team is fundraising for LawCare](#)

We're also thrilled that **Mark Evans** will be joining us as a speaker at our upcoming FOIL event on 13th May – **Stronger Together: Wellbeing in the Legal Profession**

 Wednesday, 13 May

 Hill Dickinson, London

 Speakers: Mark Evans (President of The Law Society & LegalRunner), Elizabeth Rimmer (LawCare), Richard Martin (Mindful Business Charter)

This session will explore practical, collaborative approaches to improving wellbeing across the legal sector — a conversation that feels more important than ever.

 Event details available via the link below

[Post | Feed | LinkedIn](#)

To register for this event, click on the below link

[Event Registration - Forum of Insurance Lawyers \(FOIL\)](#)